

# SHAOLIN KEMPO SCHOOL OF MARTIAL ARTS

## MONTHLY NEWS

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### August 1, 2009

We at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. This is the first of many newsletters to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis. Once again we thank you for your support and, as always, if you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts (502)921-0193  
Email at [Info@shaolinkempomartialarts.com](mailto:Info@shaolinkempomartialarts.com)

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## UP COMING SCHEDULE CHANGES

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**We will be opening on Thursdays starting August 6<sup>th</sup> , 2009.**

The Class Schedule will be as follows:

Pee Wee Class (ages 4-5) 6:00pm-6:30pm

Adult Beginner Class (ages 13-up) 6:30pm-7:15pm

Children Advance Class (Blue Belt and Above Ages 6-12)7:15pm-8:00pm

Adult Advance Class (Blue Belt and Above ages 13-up)8:00pm-8:45pm

**We will be closed every Friday Starting August 7<sup>th</sup> , 2009**

**Don't forget every 1<sup>st</sup> Saturday of the Month**

**All classes are at**

**11:00am for Pee Wee**

**and**

**11:30am for Everyone else**

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### UP COMING EVENTS

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**Monday September 7<sup>th</sup> ,2009** the School will be closed in recognition of Labor Day.

**Wednesday September 16<sup>th</sup> , 2009** We will be hosting a bring a friend day for all Classes that day, so plan on bringing a friend and let them see what you enjoy doing so that they may enjoy it with you. This is designed to increase enrollment as well as help you "the students" pay for tuition using the student rewards program. They enroll, you receive credit toward tuition. The more students we have, the more benefits you will get from your training, such as group activities in class. Also, increasing the possibilities of more age specific class or rank specific division to better suite the needs of the individual ages throughout the school.

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### CONGRATULATIONS

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Being the first newsletter, we want to make sure no one is left out; so, the staff of Shaolin Kempo School of Martial Arts would like to congratulate all students over the last five years who have developed and advanced in the ranks of Shaolin Kempo Karate through us. We are very proud of all of you and your achievements, both attitude and physically; and to complement you on your journey down the path of enlightenment through the martial arts.

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### TOPIC OF THE MONTH

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#### Being Helpful

To all Students, remember that martial arts is about helping one another just as much as helping ourselves, not only in the dojo but outside the dojo also. We could all use a helping hand now and again, so we should let others know that we are willing to be the first to help someone out when they are in need, from helping with chores around the house, just to give Mom and Dad a break, to helping an elderly person clean or rake their yard without getting paid for it. Just like training to get your next belt, you sometimes don't see the rewards of hard work till months down the road. You can be assured that in helping others you will be rewarded many times down the road of life. That is the attitude of a Black Belt, so it will only help out to start working on it now, while you make the Journey of a lifetime.

Tony Reeser

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### MONTHLY SPECIALS

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#### **"Back to School Special"**

*New Enrollment only*

2 Months Karate or Kickboxing Classes \$99.00( includes free uniform)

#### **Tell Your Friends**

Student Rewards for special will include \$32.50 credit toward tuition.

#### **Students Rewards Program**

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit(not cash) for tuition of \$65.00 if they enroll for 4 months or \$25.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

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### SPARRING CLASSES

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Remember, to participate in sparring classes students must have all required equipment. Mouth guards are required for everyone, no exception. Groin protection is required for all male students, which should be worn during all classes, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purplebelt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

#### **Children Sparring Classes**

Tuesday August 18<sup>th</sup> ,2009 6:30pm-7:15pm(Advanced class)

Wednesday August 19<sup>th</sup> , 2009 6:30pm-7:15pm( Beginners class)

#### **Adult Sparring Class**

Every Tuesday Evening 8:00pm-8:45pm(open to all ranks ages 13-up)