

SHAOLIN
KEMPO
SCHOOL
OF
MARTIAL
ARTS
MONTHLY
NEWS

March 1
2011

This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis.

March

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. If you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at Info@shaolinkempomartialarts.com

UPCOMING SCHEDULE CHANGES

We are now **closed every Friday** in Shepherdsville

Don't forget every 1st Saturday of the Month at our Shepherdsville location all classes are at 11:00am for Pee Wee and 11:30am for everyone else.

Next 1st Saturdays of the month for 2010 will be:

March 5, 2011

April 2, 2011

UPCOMING EVENTS

Stop by and see our booth at

Bullitt County Kidsfest

March 12th, 2011

Enjoy the day with your children.

FREE!

Paroquet Conference Center

10:00 am until 3:00 pm

Free give-a-ways, Prizes, Exciting Games and Booths

Come Join in the Excitement

April 30th, 2011

Shaolin Kempo Studios of Self Defense

Presents it's

26th Annual Karate Tournament

At

Southern Elementary School

Georgetown, KY

Starts 8:00

Sparring and Forms divisions for Boys/Men and Girls/Women of all ages and ranks.

\$50.00 Participant - All Events (ages 4 and up)

\$5.00 per Spectators ticket

Children 3 and under Free

No video cameras allowed, Flash cameras will be allowed.

To sign up or for more details please see your Instructor.

CONGRATULATIONS

We, at Shaolin Kempo School of Martial Arts, would like to recognize the below listed students for their hard work and dedication to themselves and their training....Great Job!!!

Shepherdsville, KY	2-3-11	Joseph Klingbiel – Yellow Belt Hunter Basham – Yellow Belt
	2-12-11	Alex Basham – Yellow Belt Andrew Moore – Orange Belt
	2-24-11	Cody Matherly – Green Belt
	2-26-11	Brian Uptain – Blue Belt Terrence Beavers – Blue Belt Savanna Slawson – Purple Belt Jay Miller – Orange Belt
Taylorsville, KY	2-12-11	Donnie Pay – Blue/Green Stripe
	2-26-11	Rachel Matherly – Blue Belt

TOPIC OF THE MONTH

Experience

I would like to remind everyone that the tournament is for the enjoyment and development of the student. In life not everything goes our way, so we must learn to deal with wins and loses. We must also learn to deal with the fears and anxiety that comes with doing certain things that feel uncomfortable to us. If we didn't try new things just because we are scared, intimidated or worried about the price. Then we have lost the battle before it has even begun. This is why we recommend that everyone try to participate no matter of age or experience. The student will find that trying wasn't as bad as they thought. They will also find out they did better than they thought they would. None of this could be done without the attempt. We always should encourage our children and peers to attempt anything that will help improve them. Keep in mind the tournament is only once a year and getting the joy and experience will go further in life than any one person can imagine.

By Tony Reeser

MONTHLY SPECIALS

Students Rewards Program

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit (not cash) for tuition of \$70.00 if they enroll for 4 months or \$20.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

See Bulletin Board or ask in the office for up to date Specials

SPARRING CLASSES

Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

Tournament Prep Week, March 14-19, Bring sparring equipment to Every Class

Shepherdsville Children Sparring Classes

Sparring the Entire Week of March 14th – March 19th , 2011

Shepherdsville Adult Sparring Class

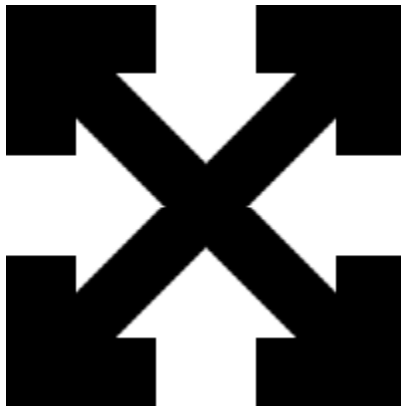
Sparring the Entire Week of March 14th – March 19th , 2011

Every Tuesday Evening 8:00pm-8:45pm (open to all ranks ages 13-up)

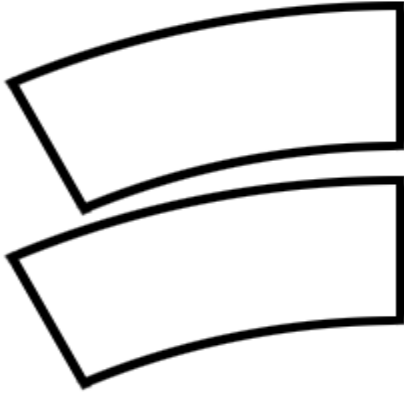
Taylorsville Sparring Class

Sparring the Entire Week of March 14th – March 19th , 2011

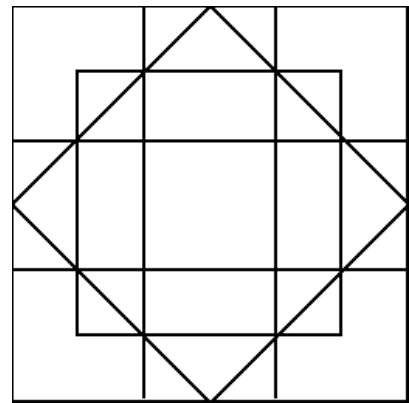
BRAIN TEASERS



Which way are the arrows pointing?



Which shape is bigger?



How many squares can you count?