

SHAOLIN
KEMPO
SCHOOL
OF
MARTIAL
ARTS
MONTHLY
NEWS

November 1
2010

This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis.

November

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. If you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at Info@shaolinkempomartialarts.com

UPCOMING SCHEDULE CHANGES

NEW SPECIALIZED CLASS (November Only)

For the month of November will be having Escrima Stick Classes instead of adult sparring classes on Tuesdays 8:00-8:45pm (this class is for Teen/Adults only)

Sparring classes will resume for the month of December and sparring will be done in regular classes for the month of November

We are now closed every Friday in Shepherdsville

Don't forget every 1st Saturday of the Month at our Shepherdsville location all classes are at 11:00am for Pee Wee and 11:30am for everyone else.

Next 1st Saturdays of the month for 2010 will be:

November 6, 2010

December 4, 2010

2010 Holiday Closing Schedule

November 25-27 School will be closed for Thanksgiving Holiday.

December 25 School will be closed for the Christmas Holidays.

January 1, 2011 School will be closed for New Years.

UPCOMING EVENTS

Saturday November 13th, 2010 (Shepherdsville). We will be ending our 7th annual drive to collect food for the hungry. This is one of the ways that Shaolin Kempo School of Martial Arts gives back to the Shepherdsville and Bullitt County Community to *help those less fortunate than us* during the upcoming Thanksgiving Holiday.

Friday December 17th, 2010 7:00pm till? (Both Location) Everyone is invited to our annual Christmas Party. This year, because of our size, we are going to have this event at the Boy Scout Camp Crooked Creek Dining Hall. This is located next to Bernhiem Forest. A sign up sheet will be posted outside of the office and we ask that everyone bring a dish, drink, or desert. Directions will be printed and given to everyone that would like to attend. Hope to see you there. We will have games, good food, good company and a whole lot of fun. If you have any question please ask your instructor. Remember, bring the whole family.

CONGRATULATIONS

We at Shaolin Kempo School of Martial Arts would like to recognize the below listed students for their hard work and dedication to themselves and their training....Great Job!!!

Shepherdsville, KY	10-9-10	Terry Spalding – Yellow Belt Riley Spalding – Yellow Belt Ethan Hines – Yellow Belt Jacob Shelton – Yellow Belt Terrence Beavers – Purple Belt
	10-14-10	Destiny Castle – Yellow Belt Landon Rosentreter – Yellow Belt
	10-22-10	Jake Allen – Green Belt Krillen Peterson – Blue Belt
	10-30-10	Colton Berry – Green/Brown Belt

Taylorsville, KY

10-18-10

Jon Schircliffe - Yellow Belt

10-22-10

Greg Taylor – Blue Belt

Matthew Taylor – Blue Belt

Gabe Taylor – Blue Belt

TOPIC OF THE MONTH

Be Thankful for What You Have.

Thanksgiving is closing upon us, and I would like everyone to remember those less fortunate than us. Be thankful; not for just what you have, because that can always be taken away, but for the people and friends that help you continue to educate yourself in the way of life; as well as in the martial arts. Remember that there are many people that give up just because they truly believe they don't have a chance in life and that everyone is against them. Take the time to remind those struggling that there is always a chance, as long as you never give up and keep trying. Plus, if you need help, ask for it, put forth an effort; and as long as you prove you're trying to better yourself someone will be willing to help when the going gets tough. We must first help ourselves then we will be able to help others. Help a friend, a stranger or someone in need. This will always make the Holidays mean more and you might just make someone's day a little brighter. Have a Happy Thanksgiving.

MONTHLY SPECIALS

Students Rewards Program

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit (not cash) for tuition of \$70.00 if they enroll for 4 months or \$20.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

Christmas/Holiday Specials

All Holiday orders must be in by December 8th to Guarantee they are received by Christmas

Sparring Gear Gift Set on sale for the Holidays **\$85.99** Regular Price \$117.95

Belt Rack Display on sale for the Holidays **\$29.99** Regular Price \$34.99

Kid Kick Gift Set on Sale for the Holidays **\$149.99** Regular Price \$189.96

His or Her Gift Set on sale for the Holidays **\$199.99** Regular Price \$279.97

Nunchaku Gift Set on sale for the Holidays **\$19.99** Regular Price 29.90

Staff Gift Set on sale for the Holidays **\$29.99** Regular Price \$40.50

Single Belt Shadow Box on sale for the Holidays **\$14.95** Regular Price \$19.95

All prices good till December 31st, 2010

See Bulletin Board or ask in the office for up to date Holiday Specials

SPARRING CLASSES

Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

Shepherdsville Children Sparring Classes

Wednesday November 17, PeeWee and Beginners Class

Thursday November 18, Advanced Class

Shepherdsville Adult Sparring Class

Sparring will be done during regular class during the month of November

Taylorville Sparring Class

Wednesday November 17, 2010 All classes

Aerobic Kickboxing

Get Fit, Stay Fit and have Fun

Come try our SKS Aerobic Kickboxing Class. You will get healthy, build stamina, lose weight, shape and tone your body. You also learn self defense without the physical contact in our martial arts program.

Good for all fitness levels (beginner, intermediate and advanced)ages 10 to senior citizen. Set to upbeat music, this exercise class is fun and challenging for all.

\$10.00 per class or *unlimited classes* \$70.00 per month (non-Member)

\$5.00 per class or *unlimited classes* \$35.00 per month (Member)

Martial Arts program included with your unlimited aerobic class enrollment (Free)

If you would like to add something to our Shaolin Kempo School of Martial Arts monthly newsletter please

contact Mr. Anthony Reeser at (502)921-0193

HOLIDAY CONTEST

Create your own picture contest

This Year we will be having a create your own picture contest showing what you feel the martial arts is about, such as respect, discipline, self defense or fitness. These pictures should be done on a standard size(8.5 X 11) piece of paper with no lines. They should be colored and will be judged for topic, appearance and creativity combined. There will be 1 winner from each age group : ages 4-6, ages 7-12, ages 13-15 and ages 16-up. Winner will be announce at this years Christmas/Holiday party on December 17th. **All entries must be in by November 30th, 2010.**

Winner will receive a \$15.00 gift certificate good for merchandise out of one of our catalogs

Don't forget to turn this page into the office with your name and age to take a chance on winning a \$15.00 gift certificate.