

SHAOLIN KEMPO
SCHOOL OF
MARTIAL ARTS
MONTHLY NEWS

November
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2011

This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis.

November

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. If you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at Info@shaolinkempomartialarts.com

Upcoming Schedule Changes

SPECIALIZED CLASS (November Only)

For the month of November will be having Weapon Defense Classes.

This class will be focusing on defense against common weapons used on the street and how to properly defend them.

Tuesdays 8:00-8:45pm (this class is for Teen/Adults only)

Shepherdsville, KY

School will be Closed Thursday November 24th, Saturday November 26th for Thanksgiving

Don't forget every 1st Saturday of the Month at our Shepherdsville location all classes are at 11:00am for Pee Wee and 11:30am for everyone else.

Next 1st Saturdays of the month for 2011 will be:

November 5, 2011

December 3, 2011

Upcoming Schedule Changes Cont.....

Taylorsville, KY

There will be no Classes Friday November 25th
and Saturday November 26th for Thanksgiving

Upcoming Events

(November)

Help Feed the Shepherdsville and Taylorsville Hungry!

We will be having our Annual Food Drive
November 1st - November 19th

Please bring in nonperishable food items to help give the families in the Communities near either one of our locations a chance to have a wonderful Thanksgiving.

Drop your items in the box located in the waiting area of your location.

Upcoming Events, Cont...

SKSMA Christmas Party

Friday December 9th, 2011

Great Friends, Good Food, Great Fun

Start planning on our Annual Christmas Party at Shepherdsville Community Center Friday December 9th, 2011. We ask that every family bring a dish and a 2 liter drink. Please sign up at your location to give us an idea of what types of food are being brought to limit duplication and how many people are attending.

Monthly Specials

Students Rewards Program

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit (not cash) for tuition of \$70.00 if they enroll for 4 months or \$20.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

See Bulletin Board or ask in the office for up to date Specials

Congratulations

We, at Shaolin Kempo School of Martial Arts, would like to recognize the below listed students for their hard work and dedication to themselves and their training....Great Job!!!

Shepherdsville, KY 10/8 Tucker Mayfield – Orange Belt
Clayton Williams – Orange Belt
Shelbie Miller – Purple Belt
Noah Alberico – Blue/Green
Tyler Watford – Purple Belt
10/30 Brandi Tungett – Green/Brown
Krista Tungett – Green/Brown

Taylorville, KY 10/21 Chris Lewis – Blue/Green
Alea Montgomery – Orange Belt

Sparring Classes

Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

Shepherdsville Children Sparring Classes

Wednesday November 16th, All Classes

Thursday November 17th, All Class

Shepherdsville Adult Sparring Class

All Sparring will be done in Regular Classes

Taylorville Sparring Class

Friday November 18th, All classes

Aerobic Kickboxing

Exercise class is fun and challenging for all. Get healthy, build stamina, lose weight, shape and tone your body, also learn self defense without the physical contact in our martial arts program. Good for all fitness levels ages 10 to senior citizen.

\$10.00 per class (non-Member) for \$70.00

\$5.00 per class (Family Member) for \$35.00

If you would like to add something to our Shaolin Kempo School of Martial Arts monthly newsletter please contact Mr. Anthony Reeser at (502)921-0193