

SHAOLIN  
KEMPO  
SCHOOL  
OF  
MARTIAL  
ARTS  
MONTHLY  
NEWS

September 1  
2010

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This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis.

September

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. If you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at [Info@shaolinkempomartialarts.com](mailto:Info@shaolinkempomartialarts.com)

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## **UPCOMING SCHEDULE CHANGES**

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**\*\*We will be doing Grappling/Brazillian Jiu Jitsu during the month of September on Tuesdays at 8:00pm\*\*Class is for ages 13 and Up unless discussed with Mr. Tony**

***Sparring classes will resume for Teen and Adults for the month of October on Tuesdays at 8:00pm***

**We are now closed every Friday in Shepherdsville**

**School will be Closed Saturday September 4<sup>th</sup> and Monday September 6<sup>th</sup> for Labor Day**

**Don't forget every 1<sup>st</sup> Saturday of the Month at our Shepherdsville location all classes are at 11:00am for Pee Wee and 11:30am for everyone else.**

**Next 1st Saturdays of the month for 2010 will be:**

**October 2, 2010**

**November 6,2010**

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## UPCOMING EVENTS

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**\*\*\*\*\*Bring a Friend to Class Day\*\*\*\*\***

**Saturday September 11<sup>th</sup>, 2010**

(Bring a friend or family member to class with you and do class together)

**All Classes**

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**Come Join the Fun**

**Thursday, September 23<sup>rd</sup>**

**Represent our school together in the**

**Bullitt Central High School  
Homecoming Parade**

*Walk or Ride with Pride*

**Meet at Karate School Before 4:15pm or you can meet us at**

**Bullitt Lick Middle School before 4:45pm.**

**Please sign up before September 17<sup>th</sup> to participate**

**Don't Forget!**

**October 1<sup>st</sup>, 2010**

**All students must be in Full uniform**

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**CONGRATULATIONS**

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We, at Shaolin Kempo School of Martial Arts, would like to recognize the below listed students for their hard work and dedication to themselves and their training...Great Job!!!

Shepherdsville, KY	8-5-10	Alex Curtsinger – Yellow Belt
	8-14-10	Nicholas Moore – Yellow Belt Andrew Moore – Yellow Belt Claudia Cornett – Yellow Belt Hannah Beavers – Orange Belt Noah Alberico – Orange Belt Daniel Collins – Orange Belt
	8-28-10	Mark Hines – Green Belt Zack Smith – Green Belt
Taylorsville, KY	8-27-10	Ryan Peterson – Orange Belt

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## TOPIC OF THE MONTH

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Look for our topic of the month in next Month issue

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## MONTHLY SPECIALS

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### **Students Rewards Program**

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit (not cash) for tuition of \$70.00 if they enroll for 4 months or \$20.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

## **2010 Fall Special**

New Enrollment only

**2 Months Martial Arts/Karate Instruction**

**Good For Karate-Kid or Adult Classes**

**includes Free uniform**

**\$99.00**

**See Bulletin Board or ask in the office for up to date Specials**

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## **SPARRING CLASSES**

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Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

### **Shepherdsville Children Sparring Classes**

Wednesday September 15<sup>th</sup> Beginners Class

Thursday September 16<sup>th</sup> Advanced Class

### **Shepherdsville Adult Sparring Class**

Sparring will be done in regular classes throughout the month of September

### **Taylorsville Sparring Class**

Wednesday September 15<sup>th</sup> All ranks

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## **Aerobic Kickboxing**

**Get Fit, Stay Fit and have Fun**

**Come try our SKS Aerobic Kickboxing Class. You will get healthy, build stamina, lose weight, shape and tone your body. You also learn self defense without the physical contact in our martial arts program.**

**Good for all fitness levels ( beginner, intermediate and advanced )ages 10 to senior citizen. Set to upbeat music, this exercise class is fun and challenging for all.**

**\$10.00 per class or *unlimited classes* \$70.00 per month (non-Member)**

**\$5.00 per class or *unlimited classes* \$35.00 per month (Member)**

**Martial Arts program included with your unlimited aerobic class enrollment ( Free)**

*If you would like to add something to our Shaolin Kempo School of Martial Arts monthly newsletter please contact Mr. Anthony Reeser at (502)921-0193*

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## PUZZLE

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### Shaolin Kempo Karate

Unscramble each of the clue words.

Take the letters that appear in  boxes and unscramble them for the final message

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NUKG FU	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
JUI TUSJI	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
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NOIS AHL	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
KPMEO	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
MASCITOB NINO	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

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