

SHAOLIN KEMPO  
SCHOOL OF  
MARTIAL ARTS  
MONTHLY NEWS

September  
1  
2011

This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis.

September

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. If you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at [Info@shaolinkempomartialarts.com](mailto:Info@shaolinkempomartialarts.com)

## Upcoming Schedule Changes

### SPECIALIZED CLASS (September Only)

For the month of September will be having Grappling Classes instead of adult sparring classes on Tuesdays 8:00-8:45pm (this class is for Teen/Adults only)

Sparring classes will resume for Teen and Adults for the month of October on Tuesdays at 8:00pm

\*\*\*School will be Closed Saturday September 3<sup>rd</sup> and Monday September 5<sup>th</sup> for Labor Day\*\*\*

Don't forget every 1<sup>st</sup> Saturday of the Month at our Shepherdsville location all classes are at 11:00am for Pee Wee and 11:30am for everyone else.

Next 1st Saturdays of the month for 2011 will be:

October 1, 2011

November 5, 2011

## Upcoming Events

### Come Join In The Fun

#### Bullitt Central Homecoming Parade

Thursday September 15<sup>th</sup>

Show your school spirit by walking or riding with us in the BC Homecoming Parade. Both parents and students are allowed. Signup sheet is posted next to the office.

We are in need for volunteers with trucks or trailers to help drive during this event. If you are will to drive please inform Mr. Tony.

### Attention Students!

Friday September 30<sup>th</sup> is the last day to wear school t-shirts. Saturday October 1<sup>st</sup>, you should be in full uniform.

### Fall is Here!

Order you **2011 Shaolin Kempo School of Martial Arts Hoodie**

Available in Black, Red, or White

\$25.00 plus Tax

Orders must be prepaid and in no later than Sept 31<sup>st</sup>

Order forms are in the office

## Topic of the Month

### Quitters Never Win, But Winners never Quit

When you begin your training in the martial arts, there will be stages of learning more difficult than others, but if you stick with it, the results will be well worth the effort.

Remember to give your best all the time regardless of how much homework you have, how tired you are, whether you have had a bad day or you just don't think you can't do it. Remember only YOU can make success happen, no one can do it for you. The sooner you realize that, the faster you will get out of your own way, get rid of the excuses and get to the finish line for success. This is true in all areas of life.

When you start something, always make up your mind to finish it and you will be a winner!

By

Anthony Reeser  
Owner/Chief Instructor

*If you would like to add something to our Shaolin Kempo School of Martial Arts monthly newsletter please contact Mr. Anthony Reeser at (502)921-0193*

## Sparring Classes

Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

### Shepherdsville Children Sparring Classes

Wednesday September 21<sup>st</sup>, PeeWee and Beginners Class

Thursday September 22<sup>nd</sup>, Advanced Class

### Shepherdsville Adult Sparring Class

All Sparring will be done in regular classes throughout September.

### Taylorville Sparring Class

Wednesday September 21<sup>st</sup>, All classes

## Monthly Specials

### Students Rewards Program

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit (not cash) for tuition of \$70.00 if they enroll for 4 months or \$20.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

### Back to School Enrollment Special!!!

**Get 2 months of Karate classes for \$99.00.  
(this includes free uniform)**

### New Enrollment only

**Offer good till September 30<sup>th</sup>, 2011** (student rewards apply)

**See Bulletin Board or ask in the office for up to date Specials**

## Congratulations

We, at Shaolin Kempo School of Martial Arts, would like to recognize the below listed students for their hard work and dedication to themselves and their training....Great Job!!!

*We would like to apologize for missing the recognition of the following student that tested in July.*

**Shepherdsville, KY 7-23-11 Terrence Beavers – Blue/Green**

Shepherdsville, KY 8/13 Davy Phelps – Orange Belt

Kalie Hahn – Orange Belt

Alex Basham – Purple Belt

Landon Rosentreter – Purple Belt

Alixandar Watford – Orange Belt

8/27 Hannah Beavers – Blue/Green

Terry Spalding – Blue Belt

Taylorville, KY 8/12 Matthew Melton – Orange Belt

Branden Melton – Yellow Belt

Sierra Knapper – Yellow Belt

8/13 Ryan Peterson – Purple Belt

Aaron Persons – Purple Belt

Luke Whitlock – Purple Belt

Alex Campbell – Purple Belt

### Aerobic Kickboxing

**Exercise class is fun and challenging for all. Get healthy, build stamina, lose weight, shape and tone your body, also learn self defense without the physical contact in our martial arts program. Good for all fitness levels ages 10 to senior citizen.**

**\$10.00 per class (non-Member) for \$70.00**

**\$5.00 per class (Family Member)for \$35.00**