

SHAOLIN KEMPO SCHOOL OF MARTIAL ARTS

MONTHLY NEWS

September 1, 2009

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis. Once again we thank you for your support and, as always, if you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at Info@shaolinkempomartialarts.com

UPCOMING SCHEDULE CHANGES

We are now closed every Friday

Don't forget every 1st Saturday of the Month (*September 5th 2009*) all classes are at 11:00am for Pee Wee and 11:30am for everyone else.

Saturday September 12th all classes will be substituted for our Kick-A-Thon fundraiser, which will be between 10:00 and 11:00am for Taylorsville location and 1:00 and 2:00pm for Shepherdsville. **Don't forget your pledges.**

Wednesday September 30th Last day to be able to wear school t-shirts in class, all students must be in full uniform.

October 28th, 2009 Both the Pee Wee class and regular children class will be combined for our **Halloween Safety Party from 6:00pm to 7:15pm**

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UPCOMING EVENTS

Monday September 7th, 2009 the School will be closed in recognition of Labor Day.

Saturday September 12th We will be having a Kick-A-Thon fundraiser for the University of Kentucky, School of Medicine /Dr. James Harper Jr. Memorial Fund. He was a 1st Degree black belt in Shaolin Kempo Karate out of Louisville who died in a tragic accident in 2006. He was planning on opening a karate school for the organization in Florida at the time of his death. This fund is designed to help struggling medical students. Taylorsville will be starting at 10:00 am, Shepherdsville will be starting at 1:00pm. Make sure to get your pledge sheets through the office and don't forget to bring them back with your donation the day of the fundraiser. Help raise money for a good cause.

Wednesday September 16th, 2009 We will be hosting a **bring a friend day** for all Classes that day. Plan on bringing a friend and let them see what you enjoy doing, so that they may enjoy it with you. This is designed to increase enrollment as well as help you "the students" pay for tuition using the student rewards program. They enroll, you receive credit toward tuition. The more students we have the more benefits you will get from your training, such as group activities in class, also increasing the possibilities of more age specific class or rank specific division to better the needs of the individual ages throughout the school.

October 1st, 2009 First day that all students are required to be in full uniform (gi top and bottom) in all classes. School T-shirts are only allowed in substitution from May 1st to September 30th

Saturday October 17th, 2009 We will be starting our 6th annual drive to collect food for the hungry. This is one of the ways that Shaolin Kempo School of Martial Arts gives back to the Shepherdsville and Bullitt County Community to help those less fortunate than us during the upcoming Thanksgiving Holiday. We ask that you please help by bringing in nonperishable items between October 17th and November 21st.

Wednesday October 28th, 2009 We will be having our annual **Halloween Safety Party/Bring a Friend Day**. This is a fun class, designed to remind our students, on proper safety during Trick or Treating. Students should wear their costumes; bring a friend to enjoy the class with or come alone, guaranteed to have a howling good time. We will have treats and drinks.

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CONGRATULATIONS

We at Shaolin Kempo School of Martial Arts would like to recognize the below listed students for their hard work and dedication to themselves and their training....Great Job!!!

Shepherdsville, Ky.	8-15-09	Krillin Peterson-Yellow Belt
		Elizabeth Hendricks-Yellow Belt
		Haleigh Todd -Yellow Belt
	8-19-09	Kayla Foster-Blue Belt w/Green Stripe
		Alie Pierce(Vacaville, CA)- Blue Belt w/Green Stripe
	8-20-09	Alyssa Hayes-Yellow Belt
		Tyler Hayes-Yellow Belt
		Kenshin Peterson-Yellow Belt
		Zack Seaton-Yellow Belt
	8-27-09	Abby Atwell-Orange Belt
Emili Reeser-Orange Belt		
8-29-09	Cody Matherly-Blue Belt	
	Colton Berry-Green Belt	
	Warner Cash-Green Belt	
Taylorsville, Ky	8-7-09	Larissa Chesser -Orange Belt
		Haillee Chadwell-Orange Belt
		Matthew Chisholm- Orange Belt
		Chris Nugent-Yellow Belt
		Kristy Smith-Yellow Belt
	8-28-09	Ryan Peterson-Yellow Belt
		Donnie Pay- Yellow Belt
		Gabe Taylor-Yellow Belt

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TOPIC OF THE MONTH

Don't Give Up Attitude

In life there are many obstacles that come our way no matter what age we are, from going to school for the first time, to that hard class that we just never seem to get what the teacher is trying to teach us, to that bad day on the job that nothing you do seems to make it better. We, as martial artists, have to put things in perspective and understand that everything has a solution, and as long as we keep trying and never give up that solution will present itself. The same thing goes in our daily training, there might be a technique or a form that seems too hard to do or doing the same material over and over again may start to bore you, as long as you keep your goal of making it to Black Belt and beyond in front of you, all the pieces will come together in time. That is why everybody does not get a Black Belt, many give up before they can see the results of all the frustrating and hard work that has been done over the days, weeks, months and years of practice. Those that stick with it get to see the benefits, some see it in athletic performance, some in behavior, others in attitude, but most importantly in confidence, confidence in all your abilities, not just the ability to protect yourself. So have that don't give up attitude in your training and in life and you will appreciate everything you do along the way. Keep it up and you will travel that road to Black belt faster than you ever thought you could.

Tony Reeser

MONTHLY SPECIALS

"Back to School Special"

New Enrollment only

2 Months Karate or Kickboxing Classes \$99.00(includes free uniform)

Good at both Shepherdsville and Taylorsville locations

Expires September 30th Tell Your Friends

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Student Rewards for 2 month special will include \$32.50 credit toward tuition.

Students Rewards Program

Don't forget, regular student rewards are always available for anyone that recommends someone to Shaolin Kempo School of Martial Arts. As a reminder this is a credit (not cash) for tuition of \$65.00 if they enroll for 4 months or \$25.00 if they enroll for 1 month. Make sure they give your name, at enrollment, to receive these rewards. The rewards will be applied to next renewal period.

SPARRING CLASSES

Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

Children Sparring Classes

Saturday September 19th, 2009 1:30pm-2:15pm (Mixed class-all ranks)

This will be the only sparring class for the children in September

Adult Sparring Class

Every Tuesday Evening 8:00pm-8:45pm (open to all ranks ages 13-up)

Taylorsville Sparring Class

Saturday September 19th, 2009 10:00am

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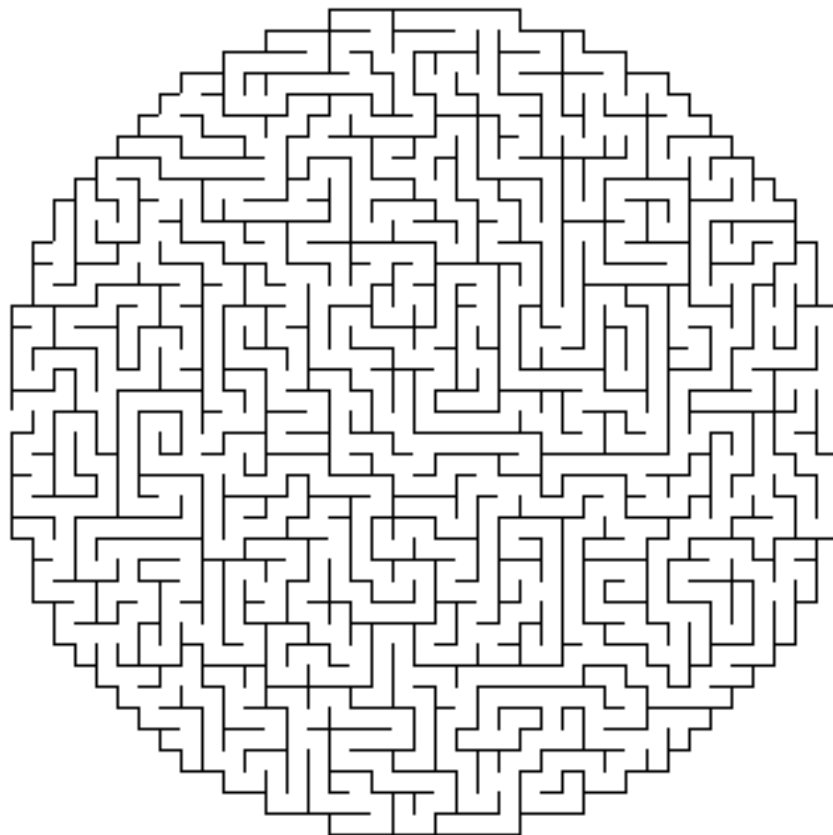
PUZZLE

Find your way to Enlightenment

Travel the path of the Kung Fu warrior monk through the maze to the
Shaolin Temple



Start



Finish

See office for answers to this months puzzle.

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