

SHAOLIN KEMPO SCHOOL OF MARTIAL ARTS MONTHLY NEWS

November 1 2016

This newsletter is to help inform you of all the things going on throughout our school and our organization. In this newsletter our goal is to bring you information of upcoming events as well as schedule changes, students rank advancements, fundraisers, and all the activities happening on a regular basis.

November

We, at Shaolin Kempo School of Martial Arts, would like to thank all of our students and their parents for all their support throughout the years and we hope to continue the quality of martial arts training to keep your support for many more years to come. If you have any question or concerns with our programs or the training of the students here, please feel free to contact us and we will help in every way.

Contact: Shaolin Kempo School of Martial Arts

(502) 921-0193 Shepherdsville, KY

(502) 296-2248 Taylorsville, KY

Email at info@shaolinkempomartialarts.com

Upcoming Schedule Changes

Shepherdsville, KY

School will be closed

Saturday November 5th for **SKS Seminar**

Thursday November 24th, Saturday November 26th

for **Thanksgiving**

Taylorsville, KY

School will be closed

Saturday November 5th for **SKS Seminar**

Friday November 25th and Saturday November 26th

for **Thanksgiving**

The Holiday Season is just around the corner. Don't forget to shop for that special Martial artist in your family. Check out our 2016 Holiday Deals to help you give that someone the Best Christmas and save you Money too.

Upcoming Events

(November)

Help Feed the Shepherdsville and Taylorsville Hungry!

We will be having our Annual Food Drive
Until November 18th

Please bring in nonperishable food items to help give the families in the Communities near either one of our locations a chance to have a wonderful Thanksgiving.

Drop your items in the box located in the waiting area of your location.

Always Good for the Holidays

a Shaolin Kempo School of Martial Arts
Gift Certificate.....
Good for Tuition and Merchandise.

Gift Certificate for Merchandise or Lessons
Purchase \$25.00
Get a Bonus \$5.00

Gift Certificate 979106

Date _____ Dollars \$ _____ Expiration Date _____

This Certificate entitles to merchandise valued at _____ Presented by _____ Authorized Signature _____

Upcoming Events, Cont...

SKSMA Christmas Party

Friday December 9th, 2016

Great Friends, Good Food, Great Fun. Start planning on our Annual Christmas Party at Shepherdsville Community Center Friday December 9th, 2016. We ask that every family bring a dish and a 2 liter drink. Please sign up at your location to give us an idea of how many people are attending and what types of food are being brought to limit duplication.

7:00pm until ?

Sparring Classes

Remember, to participate in sparring classes students must have all required equipment. *Mouth guards* are required for everyone, no exception. *Groin* protection is required for all male students, *which should be worn during all classes*, not just for sparring; this is for the students protection. Other recommended equipment, per rank, should be hand and foot gear for all ranks, head gear above purple belt. All equipment, including groin protection and mouth guards, are available for purchase through the office.

Shepherdsville Children Sparring Classes

PeeWee/Children Beginner - Wednesday November 16th

Children Advanced - Thursday November 17th

Shepherdsville Teen/Adult Sparring Class

Thursday November 17th – All classes

Taylorville Sparring Class

Wednesday November 23rd, All classes

Struggle: to make a great physical effort to achieve or obtain something.

Once a little boy was playing outdoors and found a fascinating caterpillar. He asked his mother if he could keep it, and she said he could if he would take good care of it. The little boy got a large jar from his mother and put plants to eat, and a stick to climb on, in the jar. Every day he watched the caterpillar and brought it new plants to eat. One day the caterpillar climbed up the stick and started acting strangely. The mother explained to the boy how the caterpillar was making a cocoon was going to become a butterfly. **Cont...**

...The little boy was thrilled to hear about the changes his caterpillar would go through.

He watched every day, waiting for the butterfly to emerge. One day it happened, a small hole appeared in the cocoon and the butterfly started to struggle to come out. At first the boy was excited, but soon he became concerned. The butterfly was struggling so hard to get out! It looked like it couldn't break free! It looked desperate! It looked like it was making no progress! The boy was so concerned he decided to help. He ran to get scissors, and then walked back (because he had learned not to run with scissors...). He snipped the cocoon to make the hole bigger and the butterfly quickly emerged! As the butterfly came out the boy was surprised. It had a swollen body and small, shriveled wings. He continued to watch the butterfly expecting that, at any moment, the wings would dry out, enlarge and expand to support the swollen body. But neither happened! The butterfly spent the rest of its life crawling around with a swollen body and shriveled wings. It never was able to fly... As the boy tried to figure out what had gone wrong his mother took him to talk to a scientist from a local college.

He learned that the butterfly was **SUPPOSED** to struggle. In fact, the butterfly's struggle to push its way through the tiny opening of the cocoon pushes the fluid out of its body and into its wings. Without the struggle, the butterfly would never, ever fly. The boy's good intentions hurt the butterfly. As you go through school, and life, keep in mind that struggling is an important part of any growth experience. In fact, it is the struggle that causes you to develop your ability to fly.

"I've always found that anything worth achieving will always have obstacles in the way and you've got to have that drive and determination to overcome those obstacles on route to whatever it is that you want to accomplish."

-Chuck Norris

As instructors our gift to you is stronger

wings...

Congratulations

We, at Shaolin Kempo School of Martial Arts, would like to recognize the below listed students for their hard work and dedication to themselves and their training....Great Job!!!

Shepherdsville, KY 10/15 Roger Caudill – Yellow Belt
10/22 Brian Castanon – Purple Belt
Evan Kinsey. – Orange Belt
Emili Spalding– Yellow Belt
Carter Spalding – Yellow Belt
Caiden Turner – Yellow Belt
10/27 Jake Hagan – Yellow Belt

Taylorville, KY 10/22 Greg Hart – Blue/Green Belt
Will Pulliam – Blue/Green Belt

One Week Only!

November 28th - December 4th

10% Off Any Catalog Order

Century, AWMA, Macho or Tiger Claw

See our office staff to make your order.

Items must be ordered from Shaolin Kempo School of Martial Arts to receive discount

During the Week of Monday November 28th and Sunday December 4th any catalog order made will receive a 10% discount off regular price.

Not good with any other offer. Some shipping and handling fees may apply.

Sparring Gear Gift Set

\$107.90



Save 15%

Includes Head, Hands, Feet Gear, Mouthguard, Case and Mesh Bag
Available in other colors, see your instructor for details

not good with any other offer

Staff Gift Set

\$35.99

Regular \$63.00



Includes Wooden Staff of your choice and Deluxe Carrying Case

Not good with any other offer

\$10.00 Off All Belt Racks

This includes all in stock and Catalog Items



Not good with any other offer

Winter Savings

15% OFF!!!

Any Style Nunchaku



Discount is on all regular priced in stock and catalog items

Ask your instructor for details Today!